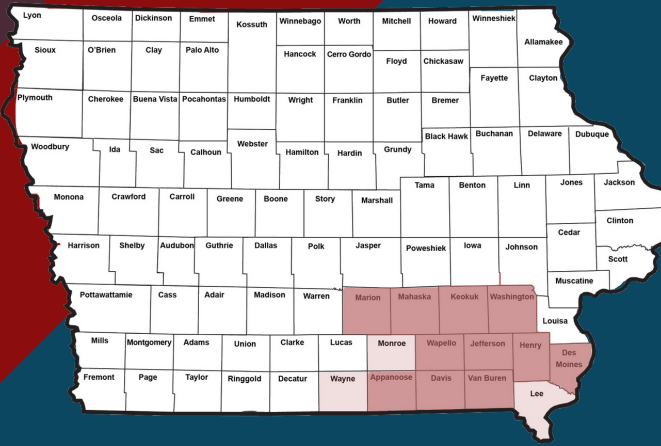


ELIGIBILITY

- Have full Medicaid benefits
- Been diagnosed with a chronic mental illness
- Be 18 years or older
- Individuals seeking HCBS Habilitation Services must be enrolled into an IHH.

First Resources Corporation provides community based programs with integrity and respect. We strive to inspire hope and to contribute to the well-being of the people we serve.

Website: firstresources.us
Email: ihh@firstresources.us



PARTICIPANTS MUST RESIDE IN ONE OF THE FOLLOWING COUNTIES:

- **Des Moines**
- **Henry**
- **Jefferson**
- **Lee**
- **Van Buren**

Stephanie Millard
Director of Mental Health Services
smill@firstresources.us
Phone: 641-954-7244
Fax: 641-201-4342

204 South Jefferson, Suite 103
Mount Pleasant, IA 52641



*A Resource for
The Community*

***INTEGRATED
HEALTH HOME
SERVICES***

CARE COORDINATION SERVICES

www.firstresources.us

WHAT IS IHH?

First Resource's Integrated Health Home services is a care coordination service that partners with individuals served, their family, and their support team.

IHH is a wraparound service that brings together providers, resources, services, and supports to help the individual achieve overall wellness and independence. This is done by providing a person-centered approach that focuses on each individual's strengths and their goals.

IHH empowers individuals by providing

- **support**
- **advocacy**
- **linkage to resources**
- **health promotion**

IHH services are completely voluntary.

email:
ihh@firstresources.us

SERVICES

- Access to a team of a Care Coordinator, Nurse, and Peer Support Specialist
- Develop goals & receive support to achieve those goals
- Promote wellness & recovery
- Connection to resources, services, & social supports
- Chronic condition education, support, & advocacy
- Crisis Planning Support
- Preventative care support & education
- Assistance with establishing services
- Medication reconciliation support

STAFF

IHH is staffed by trained and qualified professionals that includes:

- *IHH Nurse Care Manager, RN*
- *IHH Care Coordinator, Bachelor Degree or higher*
- *IHH Peer Support, an individual that has lived mental health experience*

www.firstresources.us
641-954-7244

INQUIRING & REFERRALS

Inquiring about IHH is simple, choose from one of the following options:

- Give us a call at: 641-954-7244
- Download and fill out the referral form on our website at: **www.firstresources.us** and send it to: **ihh@firstresources.us**
- Ask your provider to make the referral.

After your referral is submitted:

- IHH will contact you within a few business days to discuss IHH services and if they are the right fit for you.
- From there IHH will schedule an in-person meeting to complete your intake.
- After the intake meeting the next step is meeting in-person with IHH to get to know you more and to develop your personal goals.

IHH will make contact with you either in-person or by phone at least monthly but more frequently as you prefer.

****Applicant must meet certain criteria to qualify****