



*A Resource for
The Community*

**CRISIS
STABILIZATION
RESIDENTIAL
SERVICE**

WWW.FIRSTRESOURCES.US

FIRST RESOURCES CORP.

Undisclosed Secure Location

Jefferson County

Phone: 641-472-7601

Fax: 641-472-9925

Referrals must reside in one of the
following Counties:

**Des Moines | Henry | Jefferson
Keokuk | Lee | Louisa | Van Buren
Washington**

FIRST RESOURCES CORP.

ADMINISTRATIVE OFFICE

710 Gateway Drive

Ottumwa, IA 52501

Phone: 641-682-8114

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ADMISSION CRITERIA:

- Must be at least 18 or older.
- Reside in a contracted county.
- Presents in a mental health crisis.
- Does NOT need acute level of care.
- Stay is expected to be five days or less.
- Not a registered sex offender.
- Reports no active arrest warrant.
- Must be ambulatory and have ability to self care.

INQUIRY AND REFERRAL:

Referrals taken by phone: 641-472-7601

PROGRAM DESCRIPTION

First Resource's Crisis Stabilization Residential Services is a community-based service provided to adults who are experiencing a mental health crisis.

Services are designed to provide an opportunity to ***stabilize in a safe, comfortable, and controlled environment.***

With support provided by trained crisis response staff, clients are able to ***connect with appropriate services and resources*** with hopes of preventing hospitalization and/or court involvement.

STAFF AND SERVICES

FRC's Crisis Stabilization Residential Service is staffed by professionals who have, at least, a combination of 4 years of education and/or experience in the field of disability services. Staff is available 24-hours per day.

Services Available:

- Assistance establishing services.
- Assistance meeting basic human needs.
- Medication administration, support, and monitoring.
- Crisis Intervention Services.
- Social rehabilitation.
- Personal and peer support.
- Social skills development, leisure time, and vocational rehabilitation.
- Family and community support, assistance, and education.
- Protection and advocacy.
- Service coordination and transportation.
- Peer Support.

DISCHARGE PLANNING

The Crisis Stabilization Residential Service is limited to five consecutive days, and for that reason, discharge planning begins immediately to assist the client and staff with identifying goals to achieve, barriers to overcome, needed resources, and a timeline for completion.

FRC encourages each client to be an active participant during the discharge planning process to ensure increased success.

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In collaboration with licensed professionals, trained at completing evidenced-based mental health assessments, referrals are made to avoid unnecessary hospitalizations.

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