Eligibility

- Be 18 years or older.
- Been diagnosed with a mental health condition.
- Have full Medicaid benefits.
- Reside in one of the following Iowa counties: Lee, Des Moines, Jefferson, Van Buren, Henry, Wapello

First Resources Corp.
"A RESOURCE FOR THE COMMUNITY"

GET CONNECTED!

CALL
You can refer yourself to IHH services by simply calling: (641)954-7244

EMAIL
Your provider can refer you to IHH services by going to our website and completing our referral form: www.firstresources.us
And emailing to: ihh@firstresources.us

FAX
(641)201-4342

First Resources Corp.
"A RESOURCE FOR THE COMMUNITY"

IHH

A Care Coordination service to help you achieve wellness.

WWW.FIRSTRESOURCES.US

IHH'S MISSION

IHH helps connect you to the care you need, when you need it.

IHH brings together your care team to increase communication between your providers. When your providers work as a team, you receive the best care to achieve a healthier you!

AVAILABLILITY

You can use IHH as little or as much as you want. You may not need IHH often, but if your situation changes, you will have a team available to quickly support you.

IHH BENEFITS

- Access to team including a Care Coordinator, Registered Nurse & Peer Support Specialist.
- Connections to resources, services and supports.
- A team that is there to advocate for you when you need it.
- A resource to help assist you in crises.
- Preventative care support and education.
- Chronic condition education and support.
- Medication reconciliation and education.
- No charge to you, insurance covers the cost.

CONTACT

(641)954-7244
201 S Jefferson Suite 103
Mt Pleasant, IA 52641
ihh@firstresources.us

A team who cares!

A **Care Coordinator** who works with you to help you get the care and services you need.

A **Registered Nurse** who helps you achieve your wellness goals.

A **Peer Support Specialist** who inspires hope that recovery is possible.