

New Life House Resident Packet

Living in Christian community with
other single women who are committed
to discovering God's hope in their lives!



***“But as for me and my household,
we will serve the Lord.” Joshua 24:15***

312 W Main Street, PO Box 93
Wayland, IA 52654

Welcome to New Life House!

Vision: Five single women will live together in a mission, which is a safe and nurturing environment where they can work towards goals that will improve their physical, mental, emotional and spiritual health so that they can become active and independent people.

Mission: Every week, the residents will participate in Bible studies, service projects and work opportunities that will allow them to identify their God-given gifts and develop valuable skills for living to their fullest potential. By investing in deeper relationships with Jesus and positive role models from the community, they will build a support network that will lift them up to accomplish their goals.

Purpose: Our community will be stronger as diverse people work together and serve one another. Every person involved with this mission will learn new perspectives about themselves and others, which will provide tangible ways to love unconditionally, extend grace unreservedly and experience joy enthusiastically.

Guidelines: As we live together in community, we recognize that we must follow a few simple rules that can maintain the comfort of all residents.

*All residents will complete chores every week and will share bathroom spaces. The house director will make a schedule for chores.

*All residents are welcome to invite friends over to the house, but all friends must remain in public areas instead of personal rooms. Males are only allowed in the house if the house director is present or has pre-approved their presence.

*If a resident is staying the night elsewhere, the house director must pre-approve these arrangements at least one day prior to the absence.

*All residents will respect the house budget. The house budget will cover expenses for food, paper products, basic house needs. If a resident wants to buy their own products, they must label these items if they are stored in public spaces. Please minimize how many private items are stored in public spaces to reduce the likelihood of damage.

Expectations: Everything on this list is required unless given permission from the house director prior to the activity. Every week each resident will participate in

*One Bible Study

*One service project

*Two employment opportunities

*One counseling/social service session

*One contact with personal mentor

*One church service

In order to live in New Life House, each resident will pay a monthly fee that will cover rent and utilities.

Remember: Change does not come overnight. Change requires the compassion of God, mercy of our Savior, guidance of the Holy Spirit and courageous perseverance of each person.

Objectives:

*To disciple the resident to a level where she can function as a stable, Christian woman who is capable of adjusting back into society.

*To offer services like spiritual guidance, church fellowship, employment assistance and temporary housing.

Anticipated Resident Goals:

*Resident becomes actively involved in a local church.

*Resident obtains employment and a steady income.

*Resident maintains a balanced budget and successful system of keeping money safe.

*Resident secures her own housing arrangements that are beneficial to her personal growth.

New Life House

Residential Living Agreement

House Guidelines – The purpose of house rules is to create a standard of community living. This is not a rule set, but rather a way of living that will promote community, clean living, and a way for those in the house to call home.

1. You represent Jesus Christ in everything you say and do. Remember this with how you dress as well as your music, TV, movies, videos, books and magazines. No pornography!
2. No guests on 2nd floor, with the exception of immediate family or to show the house.
3. Tentatively no set quiet time.
4. Make sure to turn off lights, fans, fixtures, etc. when leaving, or not occupying the room.
5. Drug or alcohol possession or use on the property will not be tolerated. Drug and alcohol tests may be given at any time.
6. Illegal activity will not be tolerated on the property.
7. Immediate family members, or close friends allowed sleepover ONLY with house director's permission.
8. Keep open communication. Resolve conflict using the Matthew 18 method of conflict resolution
9. House meeting bi-weekly or 2x a month to be scheduled by the house Director.
10. Volunteer Hours Necessary 10 hours approved by the Director of the house. Turn in contact information of the organization you are volunteering with to the Director of the house. This information will be used to do periodic check-ins with the organization you volunteer with.
11. Stay out of each other's rooms, unless necessary.
12. Always ask before using things, never assume.
13. Rooms must remain neat and tidy, monthly checks will be done.

Cleaning Schedule – The purpose is to create a clean and healthy environment for the residents and guests.

1. Clean your own dishes immediately following a meal. Do not wait for hours because someone else may want to use the dishes you dirtied.
2. A bi weekly cleaning list split for all to take part in.
 - a. Downstairs floors and steps.
 - b. Cleaning upstairs bathroom
 - c. Cleaning downstairs bathroom
 - d. Kitchen floor and tidy up
 - e. Sweep upstairs hallway
3. Clean your own room
4. Look out for others. Be aware of areas that need to be cleaned or tended to. An example is: Smelly items like garbage cans.

List of things to buy with combined house money – This is to insure a lower cost of living for those in the home using common items among the residents.

1. Toilet cleaner
2. Disinfectant wipes
3. Dish soap
4. Trash bags

5. Dish scrubber
6. Windex
7. Toilet paper
8. Bleach scrub
9. Tissues for bathrooms
10. Aluminum foil
11. Plastic wrap
12. Other items as the residents feel necessary.
13. Residents will give one month notice before moving out. During their last month in the house, the resident will have an exit interview with the house Director and a member of the board. The resident will also clean the house to the same condition as when they arrived at the house.

There is a monthly fee due to cover rent and utilities. The requirement is as follows:

Months one and two:	\$100.00 a month
Months three and four:	\$200.00 a month
Months five and thereafter:	\$300.00 a month

As this document is used it may have revisions from time to time that will require new signatures. The hope is not to utilize disciplinary actions for those living in the home. The process will be first a verbal conversation. Then if the issues continue, a written warning. If the behaviors do not change, then a request for a resident to leave may be needed. The hope is that we all follow this concept of living and looking out for one another as a means of living together in community

***** I acknowledge that I have read this packet and understand it. I have asked the necessary questions regarding items that I did not understand and they have been clarified for me. I agree to comply with all of the guidelines and know that breaking any of them can cause an immediate evaluation and possible dismissal. I understand that I am living in a Christian program with other hurting and broken women and will not hold New Life House or anyone associated with this ministry liable for anything of mine that is lost, broken or stolen.***

Resident Signature _____ Date _____

House Director Signature _____ Date _____

DT Member Signature _____ Date _____

New Life House Admissions Application

Personal Information (Please print legibly)

Full Name: _____ Birth Date _____ Age _____

Present Address: _____ City _____ State _____ Zip _____

Social Security Number: _____ Driver's License Number: _____

Counselor's Named and Number: _____

Family Information

Marital Status: _____ Names and Ages of Children: _____

Emergency Contact Name: _____ Phone # _____

Medical Information

Past Medical Problems: _____

Present Medical Problems: _____

All Medications and Dosage: _____

Any drugs or alcohol that you have used: _____

Counseling programs you have attended: _____

Current Treatment Plans: _____

Past Mental Health Issues: _____

Current Mental Health Issues: _____

Any allergies (foods, nature, meds, etc): _____

Current Medical Insurance Information: _____

Other:

Religious Affiliation and Involvement

Present religious faith: _____ How long _____

Comment briefly on who Jesus is to you:

Church Home: _____ Phone _____

Address _____ Pastor's Name _____

Church Activities:

Educational and Job Interests

1. Last grade completed in school:
2. Significant jobs you have held:

3. Jobs you would like to have in future:

Legal Matters

1. Arrest Dates and Sentences:

2. Any crimes against children: Yes or No

3. Outstanding Charges:

4. Parole: Yes or No

If yes, please provide parole officer's name here _____ and fill out the parole officer sheet.

Personal Growth

1. Strengths: _____

2. Weaknesses: _____

3. Biggest Problem Area: _____

4. Cause of Biggest Problem Area:

5. Changes You Would Like To See:

6. Are you able to start new goals and projects?

7. Are you able to follow through on what you start?

8. How do you deal with conflict, discipline or anger?

9. What activities do you enjoy?

10. Explain why you would like to participate in New Life House:

References

Name, Connection With You, Address, Phone Number, Email for three people

Person #1:

Person #2:

Person #3:

I hereby make application to New Life House and release this information for use in making a decision about my acceptance. I certify that the information contained here is true and complete. I further understand that any false statements or misrepresentations made by me on this application will be sufficient grounds for rejection of this application. I have read the entire packet and agree to willingly abide by all standards listed here. I agree to random and periodic drug screenings. I further understand that this is a Christ-centered ministry with Christian values and expectations for my behavior. I release New Life House or anyone associated with this ministry of all responsibility and liability.

Signature _____ Date _____